

Please complete the form and return to:

Viv Southall
Bridge House
Kentisbeare
Cullompton
Devon
EX15 2AD

For further details phone: 01884 266218

or email: info@mdcft.org.uk

We can offer you two options for this course,
please select:

- three evenings from 8.00 pm–10.00 pm ☐
- or, one Saturday 10.00 am–4.00 pm ☐

Name:

Address:

.....

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Post code:

Tel No:

For more information see website: www.mdcft.org.uk

Note: there may be a modest charge to cover course materials.



Mid-Devon Community
Family Trust

Mid-Devon Community Family Trust

Registered Charity No 1092788



Marriage
preparation

Congratulations on your decision to get married.

Marriage preparation gives you the opportunity to:

- Reflect on what makes your relationship successful and how to continue enriching it for a long and happy future together.
- Meet other couples to talk weddings and marriage.
- Make sure you are ready for the voyage ahead of your marriage, so that your wedding, unlike the launch of the Titanic, is based on realistic expectations!



The course

- Is relevant to all getting married whether already living together or not.
- Takes place on either a Saturday (10.00 am–4.00 pm) or 3 weekday evenings (8.00 pm–10.00 pm).
- Includes plenty of food and drink, and is a relaxed and fun occasion. Your leaders are experienced in marriage and its ups and downs. The course is based on the belief that we all need to work to improve our relationship and cherish our spouse for the whole of our marriage.

- Considers issues such as communication, problem solving, managing money, our differences, intimacy and meeting each other's needs.
- Does not involve you talking in a group if you do not wish to.
- Has no religious content.

Before the course you complete a questionnaire enabling an experienced couple to facilitate relevant discussion between the two of you.

Quotes from couples who have attended the course.

"We weren't sure what to expect but, during the course, realised that after 8 years together there are still a lot of things you can do to improve your relationship – Brilliant."

Jon and Caroline

"I have found the day extremely helpful. It was really good – and important – to get away from planning mundane things like what colour flowers we should have to actually thinking about what marriage means and how we are going to approach this huge commitment we are about to make. I would recommend this course to every couple about to take the plunge."

Angela

"I felt that the course covered all aspects of relationships in a realistic and fun way."

Angela and Martin

"All the topics from money to sex, were covered very skillfully, with sensitivity, tact and humour. Good balance of 'serious' and informality. Discussing problem solving and potential sources of conflict did not feel intrusive and was very helpful. Couples might feel nervous about coming on a marriage preparation course but I would strongly recommend this one."

Martin